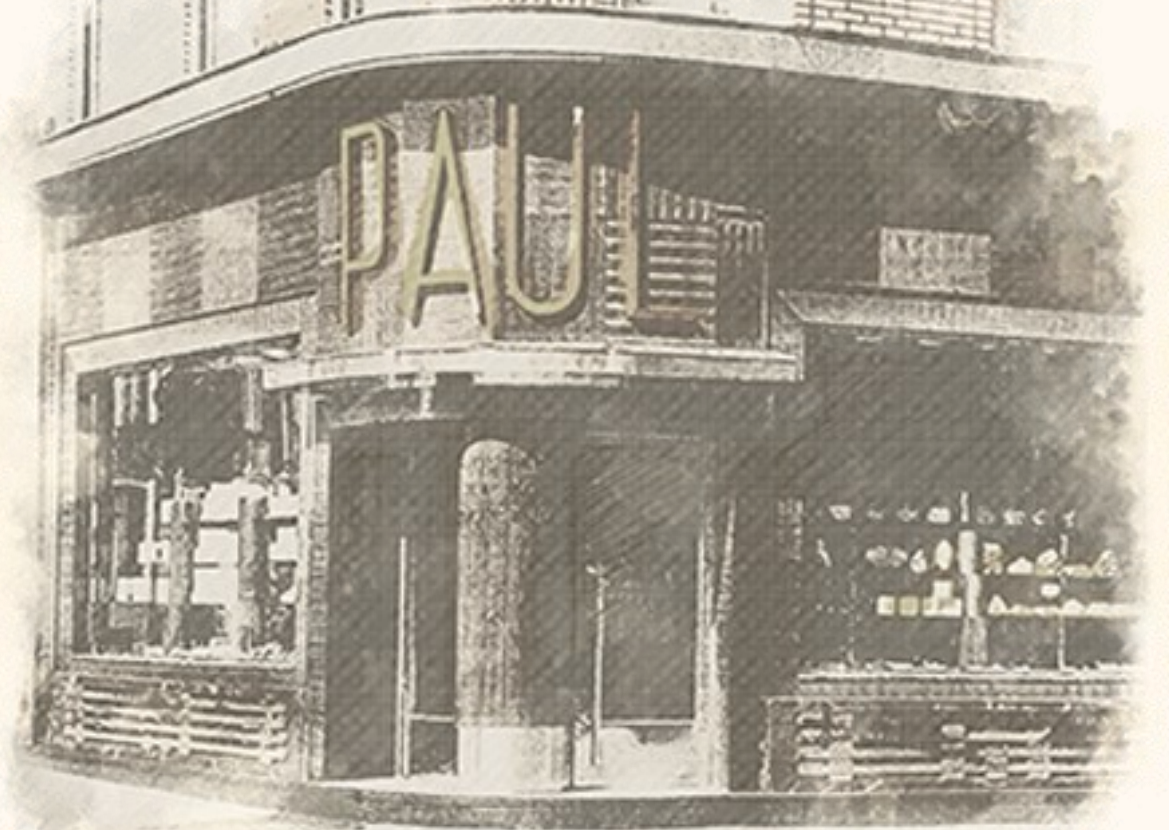


# NUTRITION & ALLERGEN GUIDE

September 2023



This document contains a list of the allergens for our current products offered in-store. For online products please refer to the individual product listings on [www.paul-uk.com](http://www.paul-uk.com)

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This document provides information on the following 14 allergens:

- Celery
- Cereals Containing Gluten (Wheat, Rye, Barley, Oats, Spelt, Kamut)
- Crustaceans
- Egg
- Fish
- Lupin
- Milk
- Mollusc
- Mustard
- Nuts (Almond, Hazelnut, Walnut, Cashew, Pecan Nut, Brazil Nut, Pistachio Nut, Macadamia Nut)
- Peanuts
- Sesame
- Soya
- Sulphur Dioxide and Sulphites

CATEGORY	ITEM NAME	ALLERGENS	CONTAINS	MAY CONTAIN
BAKE - BREAD >600G	PAIN 2 OLIVES ROUND 800G	Gluten (Wheat)		May contain SESAME
BAKE - BREAD >600G	PAIN CAMPAGNE ROUND 800G	Gluten (Wheat)		May contain SESAME
BAKE - BREAD >600G	PAIN MULTIGRAINES RD 800G	Gluten (Wheat, Barley, Rye), Soya, Sesame		
BAKE - BREAD >600G	PAIN PAUL ROUND 800G	Gluten (Wheat)		May contain SESAME
BAKE - BREAD 200G 600G	BAGUETTE PAVOT 250G	Gluten (Wheat)		May contain SESAME
BAKE - BREAD 200G 600G	EPI BAGUETTE 250G	Gluten (Wheat)		May contain SESAME
BAKE - BREAD 200G 600G	NORDIC BREAD 300G	Gluten (Wheat, Barley, Rye), Soya, Sesame		
BAKE - BREAD 200G 600G	PAIN 2 OLIVES LONG 400G	Gluten (Wheat)		May contain SESAME
BAKE - BREAD 200G 600G	PAIN CAMPAGNE LONG 400G	Gluten (Wheat)		May contain SESAME
BAKE - BREAD 200G 600G	PAIN COMPLET LONG 400G	Gluten (Wheat)		May contain SESAME
BAKE - BREAD 200G 600G	PAIN MULTIGRAINES 400G	Gluten (Wheat, Barley, Rye), Soya, Sesame		
BAKE - BREAD 200G 600G	PAIN PAUL LONG 400G	Gluten (Wheat)		May contain SESAME
BAKE - LONG 200G 300G	BAGUETTE MULTIGRAINES 250G	Gluten (Wheat, Barley, Rye), Soya, Sesame		
BAKE - LONG 200G 300G	BAGUETTE NATURAL 250G	Gluten (Wheat)		May contain SESAME
BAKE - LONG 200G 300G	BAGUETTE NATURAL SHORTER 250G	Gluten (Wheat)		May contain SESAME
BAKE - LONG 200G 300G	BAGUETTE PAUL 250G	Gluten (Wheat)		May contain SESAME
BAKE - LONG 200G 300G	BAGUETTE SESAME 250G	Gluten (Wheat), Sesame		
BAKE - LONG 200G 300G	DEMI BAGUETTE	Gluten (Wheat), Milk		May contain SESAME
BAKE -BREAD MINI	BENOITON 2 OLIVES 50G	Gluten (Wheat, Rye)		May contain SESAME
BAKE -BREAD MINI	BENOITON CHOCOLAT 50G	Gluten (Wheat, Barley), Soya		May contain SESAME
BAKE -BREAD MINI	BRETZEL	Gluten (Wheat, Barley), Milk		May contain SESAME
BAKE -BREAD MINI	BRETZEL SALE	Gluten (Wheat, Barley), Milk		May contain SESAME
BAKE -BREAD MINI	SANDWICH BREAD MULTIGRAIN 100G	Gluten (Wheat, Barley, Rye), Soya, Sesame		
BAKE -BREAD MINI	SANDWICH BREAD PAUL 150G	Gluten (Wheat)		May contain SESAME
BAKE -BREAD MINI	SANDWICH BREAD PAVOT 100G	Gluten (Wheat)		May contain SESAME
BAKE -BREAD MINI	SANDWICH BREAD SESAME 100G	Gluten (Wheat), Sesame		
BAKE -BREAD MINI	SOUP BREAD PORTION 50G	Gluten (Wheat)		May contain SESAME
BEVE - COLD	APPLE JUICE			
BEVE - COLD	COCA COLA 330ML CAN			
BEVE - COLD	COCA COLA DIET 330ML CAN			
BEVE - COLD	COCA COLA ZERO 330ML CAN			
BEVE - COLD	COLD BREW			

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CATEGORY	ITEM NAME	ALLERGENS	CONTAINS	MAY CONTAIN
BEVE - COLD	FRAPPE LATTE	Milk		
BEVE - COLD	FRAPPE MACARON CHOCOLAT	Gluten (Barley), Milk, Egg, Nuts (Almond), Soya		
BEVE - COLD	FRAPPE MACARON FRAMBOISE	Milk, Egg, Nuts (Almond)		
BEVE - COLD	FRAPPE MACARON PISTACHE	Gluten (Wheat), Milk, Egg, Nuts (Almond, Walnut, Pistachio)		
BEVE - COLD	FRAPPE MACARON VANILLE	Milk, Egg, Nuts (Almond)		
BEVE - COLD	FRESHLY SQUEEZED ORANGE JUICE			
BEVE - COLD	ICED AMERICANO			
BEVE - COLD	ICED CHOCOLATE	Milk, Soya		
BEVE - COLD	ICED LATTE	Milk		
BEVE - COLD	ICED PEACH TEA 12OZ			
BEVE - COLD	LEMONADE 12OZ			
BEVE - COLD	MANGO & PASSION FRUIT SMOOTHIE			
BEVE - COLD	MIXED BERRY SMOOTHIE			
BEVE - COLD	ORANGE JUICE			
BEVE - COLD	ORANGINA 33CL			
BEVE - COLD	SAN PEL ESSENZA			
BEVE - COLD	SAN PELLEGRINO ARANCIATA			
BEVE - COLD	SAN PELLEGRINO LIMONATA			
BEVE - COLD	SPARKLING WATER 500ML			
BEVE - COLD	STILL WATER 500ML			
BEVE - COLD	VANILLA SHOT			
BEVE - HOT	ALMOND MILK	Nuts (Almond)		
BEVE - HOT	AMERICANO 12OZ			
BEVE - HOT	AMERICANO 12OZ DECAF PLC			
BEVE - HOT	AMERICANO 12OZ PLC			
BEVE - HOT	AMERICANO 8OZ			
BEVE - HOT	AMERICANO 8OZ PLC			
BEVE - HOT	AMERICANO DECAF 12OZ			
BEVE - HOT	AMERICANO DECAF 8OZ			
BEVE - HOT	AMERICANO DECAF 8OZ PLC			
BEVE - HOT	BABYCCINO	Milk		
BEVE - HOT	CAPPUCCINO 12OZ	Milk		

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CATEGORY	ITEM NAME	ALLERGENS	CONTAINS	MAY CONTAIN
BEVE - HOT	CAPPUCCINO 12OZ PLC	Milk		
BEVE - HOT	CAPPUCCINO 8OZ	Milk		
BEVE - HOT	CAPPUCCINO 8OZ PLC	Milk		
BEVE - HOT	CAPPUCCINO DECAF 12OZ	Milk		
BEVE - HOT	CAPPUCCINO DECAF 12OZ PLC	Milk		
BEVE - HOT	CAPPUCCINO DECAF 8OZ	Milk		
BEVE - HOT	CAPPUCCINO DECAF 8OZ PLC	Milk		
BEVE - HOT	CHAI TEA LATTE 12OZ	Milk		
BEVE - HOT	CHAI TEA LATTE 8OZ	Milk		
BEVE - HOT	COCONUT MILK	Soya		
BEVE - HOT	DOUBLE ESPRESSO			
BEVE - HOT	DOUBLE ESPRESSO CON PANNA	Milk		
BEVE - HOT	DOUBLE ESPRESSO DECAF			
BEVE - HOT	DOUBLE ESPRESSO DECAF PLC			
BEVE - HOT	DOUBLE ESPRESSO PLC			
BEVE - HOT	DOUBLE MACCHIATO DECAF PLC	Milk		
BEVE - HOT	ESPRESSO SHOT			
BEVE - HOT	ESPRESSO SHOT PLC			
BEVE - HOT	EXTRA WHIPPED CREAM	Milk		
BEVE - HOT	FLAT WHITE 8OZ	Milk		
BEVE - HOT	FLAT WHITE 8OZ PLC	Milk		
BEVE - HOT	FLAT WHITE DECAF 8OZ	Milk		
BEVE - HOT	GOMME SHOT			
BEVE - HOT	HOT CHOCOLATE 12OZ	Milk, Soya		
BEVE - HOT	HOT CHOCOLATE 8OZ	Milk, Soya		
BEVE - HOT	LATTE 12OZ	Milk		
BEVE - HOT	LATTE 12OZ PLC	Milk		
BEVE - HOT	LATTE 8OZ	Milk		
BEVE - HOT	LATTE 8OZ PLC	Milk		
BEVE - HOT	LATTE DECAF 12OZ	Milk		
BEVE - HOT	LATTE DECAF 12OZ PLC	Milk		
BEVE - HOT	LATTE DECAF 8OZ	Milk		

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BEVE - HOT	LATTE DECAF 8OZ PLC	Milk		
BEVE - HOT	MACCHIATO DOUBLE	Milk		
BEVE - HOT	MACCHIATO DOUBLE DECAF	Milk		
BEVE - HOT	MACCHIATO DOUBLE PLC	Milk		
BEVE - HOT	MACCHIATO SINGLE	Milk		
BEVE - HOT	MACCHIATO SINGLE DECAF	Milk		
BEVE - HOT	MACCHIATO SINGLE PLC	Milk		
BEVE - HOT	MILK 12OZ	Milk		
BEVE - HOT	MILK 8OZ	Milk		
BEVE - HOT	MOCHA 12OZ	Milk, Soya		
BEVE - HOT	MOCHA 12OZ PLC	Milk, Soya		
BEVE - HOT	MOCHA 8OZ	Milk, Soya		
BEVE - HOT	MOCHA 8OZ PLC	Milk, Soya		
BEVE - HOT	MOCHA DECAF 12OZ	Milk, Soya		
BEVE - HOT	MOCHA DECAF 12OZ PLC	Milk, Soya		
BEVE - HOT	MOCHA DECAF 8OZ	Milk, Soya		
BEVE - HOT	MOCHA DECAF 8OZ PLC	Milk, Soya		
BEVE - HOT	OATS MILK	Gluten (Oat)		
BEVE - HOT	PEPPERMINT TEA			
BEVE - HOT	SINGLE ESPRESSO			
BEVE - HOT	SINGLE ESPRESSO DECAF			
BEVE - HOT	SINGLE ESPRESSO DECAF PLC			
BEVE - HOT	SINGLE ESPRESSO PLC			
BEVE - HOT	SINGLE MACCHIATO DECAF PLC	Milk		
BEVE - HOT	SOYA MILK	Soya		
BEVE - HOT	TEA BREAKFAST	Milk		
BEVE - HOT	TEA EARL GREY	Milk		
BEVE - HOT	TEA GREEN 1P			
CATE - HOT DISHES	BRIOCHE HAM AND CHEESE	Gluten (Wheat), Milk, Egg, Mustard	Pork	
CATE - HOT DISHES	BRIOCHE TOMATO & CHEESE	Gluten (Wheat), Milk, Egg, Mustard		
CATE - HOT DISHES	CROISSANT FROMAGE	Gluten (Wheat), Milk, Egg		
CATE - HOT DISHES	CROISSANT JAMBON FROMAGE	Gluten (Wheat), Milk, Egg	Pork	

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CATE - HOT DISHES	CROQUE FORESTIER (V)	Gluten (Wheat), Milk		May contain SESAME
CATE - HOT DISHES	CROQUE MONSIEUR	Gluten (Wheat), Milk	Pork	May contain SESAME
CATE - HOT DISHES	IND QUICHE LORRAINE	Gluten (Wheat), Milk, Egg	Pork	
CATE - OTHER	ADDITIONAL JAM BUTTER	Milk		
CATE - OTHER	ADDITIONAL SIDE SALAD	Sulphites	Alcohol	
CATE - OTHER	FRUIT - APPLE			
CATE - OTHER	FRUIT - BANANA			
CATE - OTHER	HONEY			
CATE - PLATTER	2 X FRAISE TARTELETTE	Gluten (Wheat), Milk, Egg, Sulphites		
CATE - PLATTER	2 X GOURMANDISE	Gluten (Wheat), Milk, Egg, Soya		
CATE - PLATTER	2 X PAUL BAGUETTES 250G	Gluten (Wheat)		
CATE - PLATTER	4 X ESCARGOT	Gluten (Wheat), Milk, Egg		
CATE - PLATTER	4 X PAIN CHOCOLATE	Gluten (Wheat), Milk, Egg, Soya		
CATE - PLATTER	ALL BUTTER CROISSANTS X 4	Gluten (Wheat), Milk, Egg		
CATE - PLATTER	BOITE DE CHOUQUETTES X100	Gluten (Wheat), Milk, Egg		
CATE - PLATTER	BOITE DE CHOUQUETTES X25	Gluten (Wheat), Milk, Egg		
CATE - PLATTER	BOITE DE CHOUQUETTES X50	Gluten (Wheat), Milk, Egg		
CATE - PLATTER	DS MINI SW MEATY PLATTER X24	Gluten (Wheat), Milk, Egg, Soya, Mustard	Pork	May contain SESAME
CATE - PLATTER	DS MINI SW VEG PLATTER X24	Gluten (Wheat), Milk, Soya, Mustard, Sesame		
CATE - PLATTER	FRAMBOISE MAC & FRAISE TARTELETTE	Gluten (Wheat), Milk, Egg, Nuts (Almond), Sulphites		
CATE - PLATTER	MINI BEIGNET PLATTER X100	Gluten (Wheat), Milk, Egg, Nuts (Hazelnut)		
CATE - PLATTER	MINI BEIGNET PLATTER X25	Gluten (Wheat), Milk, Egg, Nuts (Hazelnut)		
CATE - PLATTER	MINI BEIGNET PLATTER X50	Gluten (Wheat), Milk, Egg, Nuts (Hazelnut)		
CATE - PLATTER	MINI MACARON ASSORTED X36	Milk, Egg, Nuts (Almond, Pistachio), Soya		
CATE - PLATTER	MINI SANDWICH FALAFEL (VEGAN) PLATTER	Gluten (Wheat), Soya, Mustard, Sesame		
CATE - PLATTER	PLATEAU CLASSIQUE X12	Gluten (Wheat), Milk, Egg, Soya		
CATE - PLATTER	PLATEAU DE CROISSANT X8	Gluten (Wheat), Milk, Egg		
CATE - PLATTER	PLATEAU DE MINI CLASSIC VIENNOISE X26	Gluten (Wheat), Milk, Egg, Soya		
CATE - PLATTER	PLATEAU DE MINI CROISSANT	Gluten (Wheat), Milk, Egg		
CATE - PLATTER	PLATEAU DE MINI PAIN AU CHOCOLAT X25	Gluten (Wheat), Milk, Egg, Soya		
CATE - PLATTER	PLATEAU DE MINI QUICHES AND CROQUES (M)	Gluten (Wheat), Milk, Egg, Nuts (Walnut), Soya, Sulphites	Pork	May contain SESAME
CATE - PLATTER	PLATEAU DE MINI TARTELETTES	Gluten (Wheat), Milk, Egg, Nuts (Almond), Soya, Sulphites	Alcohol	

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CATE - PLATTER	PLATEAU DE PAIN AU CHOCOLAT X12	Gluten (Wheat), Milk, Egg, Soya		
CATE - PLATTER	PLATEAU DE SAVOURY CROISSANT X8	Gluten (Wheat), Milk, Egg	Pork	
CATE - PLATTER	PLATEAU GOURMET X12	Gluten (Wheat), Milk, Egg, Nuts (Almond), Soya	Alcohol	
CATE - PLATTER	SCONE, JAM & CREAM PLATTER	Gluten (Wheat), Milk		May contain SESAME
CATE - PLATTER	STRAWBERRY GRANOLA PLATTER X15	Gluten (Oat), Milk, Nuts (Almond)		
CATE - PLATTER	VEGAN CHOCOLATE MOUSSE PLATTER	Soya		
CATE - PLATTER	WRAP PLATTER X 28	Gluten (Wheat), Milk, Egg, Soya, Mustard		
CATE - SALAD	DS FERMIER SALAD X 4	Milk, Nuts (Walnut)		
CATE - SALAD	DS FERMIER SALAD X 8	Milk, Nuts (Walnut)		
CATE - SALAD	DSFERMIER SALAD X6	Milk, Nuts (Walnut)		
CATE - SALAD	SALADE FERMIERE	Milk, Nuts (Walnut)		
CATE - SANDWICH	SW DIEPPOIS	Gluten (Wheat), Egg, Fish		May contain SESAME
CATE - SANDWICH	SW MIXTE	Gluten (Wheat), Milk	Pork	May contain SESAME
CATE - SANDWICH	SW MONTAGNARD	Gluten (Wheat), Milk, Soya, Mustard	Pork	May contain SESAME
CATE - SANDWICH	SW PAVOT POULET	Gluten (Wheat), Egg, Mustard		May contain SESAME
CATE - SANDWICH	SW SESAME CEMBERT (V)	Gluten (Wheat), Milk, Sesame		
CATE - SANDWICH	SW TOMATE MOZZA PESTO (V)	Gluten (Wheat), Milk		May contain SESAME
PAST - INDIVIDUAL	ANGLAISE ABRICOT	Gluten (Wheat), Milk, Egg		May contain NUTS
PAST - INDIVIDUAL	CHOCOLATE MOUSSE	Soya		May contain NUTS
PAST - INDIVIDUAL	CRAQUANT IND.	Gluten (Wheat, Barley), Milk, Egg, Nuts (Almond, Hazelnut), Soya		
PAST - INDIVIDUAL	ECLAIR CHOCOLAT	Gluten (Wheat), Milk, Egg, Soya, Sulphites		May contain NUTS
PAST - INDIVIDUAL	ECLAIR PARIS BREST	Gluten (Wheat), Milk, Egg, Nuts (Almond, Hazelnut), Soya, Sulphites	Alcohol	
PAST - INDIVIDUAL	FLAN NORMAND SLICE	Gluten (Wheat), Milk, Egg, Nuts (Almond)		
PAST - INDIVIDUAL	FORET NOIRE (IND)	Gluten (Wheat), Milk, Egg, Soya, Fish	Alcohol	May contain NUTS
PAST - INDIVIDUAL	FRAISIER IND.	Gluten (Wheat), Milk, Egg, Nuts (Almond), Sulphites		
PAST - INDIVIDUAL	MILLEFEUILLE IND.	Gluten (Wheat), Milk, Egg, Sulphites	Alcohol	May contain NUTS
PAST - INDIVIDUAL	MINI MERINGUE MIXED	Egg		May contain NUTS
PAST - INDIVIDUAL	MOELLEUX CHOCOLAT SLICE	Gluten (Wheat), Milk, Egg, Soya		May contain NUTS
PAST - INDIVIDUAL	MOELLEUX CITRON SLICE	Gluten (Wheat), Milk, Egg, Nuts (Almond), Soya		
PAST - INDIVIDUAL	PASTEL DE NATA	Gluten (Wheat), Milk, Egg		May contain NUTS
PAST - INDIVIDUAL	PASTEL DE NATA PLATTER X12	Gluten (Wheat), Milk, Egg		May contain NUTS
PAST - INDIVIDUAL	PASTEL DE NATA X3	Gluten (Wheat), Milk, Egg		May contain NUTS

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PAST - INDIVIDUAL	PASTEL DE NATA X5	Gluten (Wheat), Milk, Egg		May contain NUTS
PAST - INDIVIDUAL	RASPBERRY PASTEL DE NATA X 3	Gluten (Wheat), Milk, Egg		May contain NUTS
PAST - INDIVIDUAL	RASPBERRY PASTEL DE NATA X 5	Gluten (Wheat), Milk, Egg		May contain NUTS
PAST - INDIVIDUAL	STRAWBERRY CHOUX BUN	Gluten (Wheat), Milk, Egg, Sulphites		May contain NUTS
PAST - INDIVIDUAL	TARTE ABRICOT SLICE	Gluten (Wheat), Milk, Egg, Nuts (Almond)		
PAST - INDIVIDUAL	TARTE FRUITS ROUGES SLICE	Gluten (Wheat), Milk, Egg		May contain NUTS
PAST - INDIVIDUAL	TARTE MYRTILLES SLICE	Gluten (Wheat), Milk, Egg		May contain NUTS
PAST - INDIVIDUAL	TARTE RHUBARBE SLICE	Gluten (Wheat), Milk, Egg		May contain NUTS
PAST - INDIVIDUAL	TARTELETTE CHOCOLAT	Gluten (Wheat), Milk, Egg, Soya		May contain NUTS
PAST - INDIVIDUAL	TARTELETTE CITRON	Gluten (Wheat), Milk, Egg, Fish		May contain NUTS
PAST - INDIVIDUAL	TARTELETTE FRAISE	Gluten (Wheat), Milk, Egg, Sulphites		May contain NUTS
PAST - INDIVIDUAL	TEA CAKE DARK CHOCOLATE	Gluten (), Milk, Egg, Nuts (), Peanuts, Soya, Fish		
PAST - INDIVIDUAL	TEA CAKE DARK CHOCOLATE IND	Gluten (), Milk, Egg, Nuts (), Peanuts, Soya, Fish		
PAST - INDIVIDUAL	TEA CAKE MILK CHOCOLATE	Gluten (), Milk, Egg, Nuts (), Soya, Fish		
PAST - INDIVIDUAL	TEA CAKE MILK CHOCOLATE IND	Gluten (), Milk, Egg, Nuts (), Soya, Fish		
PAST - INDIVIDUAL	YOGHURT GRANOLA STRAWBERRY JAM	Gluten (Oat), Milk, Nuts (Almond)		
PAST - LARGE	APRICOT CHEESECAKE	Gluten (Wheat), Milk, Egg, Fish		May contain NUTS
PAST - LARGE	CHARLOTTE RASPBERRY 18CM/6P	Gluten (Wheat), Milk, Egg, Fish		May contain NUTS
PAST - LARGE	CHARLOTTE STRAWBERRY 18CM/6P	Gluten (Wheat), Milk, Egg, Fish		May contain NUTS
PAST - LARGE	CHOCOLATE MACARON CAKE	Gluten (Wheat), Milk, Egg, Nuts (Almond), Soya, Sulphites		
PAST - LARGE	CHOCOLATE ORANGE CHEESECAKE	Gluten (Wheat), Milk, Egg, Soya, Fish, Sulphites		May contain NUTS
PAST - LARGE	CRAQUANT 12P	Gluten (Wheat, Barley), Milk, Egg, Nuts (Almond, Hazelnut), Soya		
PAST - LARGE	CRAQUANT 24P	Gluten (Wheat, Barley), Milk, Egg, Nuts (Almond, Hazelnut), Soya		
PAST - LARGE	CRAQUANT 6P	Gluten (Wheat, Barley), Milk, Egg, Nuts (Almond, Hazelnut), Soya		
PAST - LARGE	DOUBLE CHOC BROWNIE AND TOFFEE CHEESE CA	Gluten (Wheat), Milk, Egg, Nuts (Walnut), Soya, Fish		
PAST - LARGE	EXOTIC CAKE	Gluten (Wheat), Milk, Egg, Soya		May contain NUTS
PAST - LARGE	FESTIVE FRAMBOISIER 18CM/6-8P	Gluten (Wheat), Milk, Egg, Nuts (Almond), Soya, Sulphites		
PAST - LARGE	FESTIVE FRAMBOISIER 26 CM/12-16P	Gluten (Wheat), Milk, Egg, Nuts (Almond), Soya, Sulphites		
PAST - LARGE	FESTIVE FRAMBOISIER 30 CM/18-24P	Gluten (Wheat), Milk, Egg, Nuts (Almond), Soya, Sulphites		
PAST - LARGE	FLAN NORMAND 28CM	Gluten (Wheat), Milk, Egg, Nuts (Almond)		
PAST - LARGE	FLEUR DE LYS 6P	Gluten (Wheat, Barley), Milk, Egg, Nuts (Almond, Hazelnut)		
PAST - LARGE	FORET NOIRE 12P	Gluten (Wheat), Milk, Egg, Soya, Fish	Alcohol	May contain NUTS

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PAST - LARGE	FORET NOIRE 6P	Gluten (Wheat), Milk, Egg, Soya, Fish	Alcohol	May contain NUTS
PAST - LARGE	FRAISIER 12-16P	Gluten (Wheat), Milk, Egg, Nuts (Almond), Sulphites		
PAST - LARGE	FRAISIER 18-24P	Gluten (Wheat), Milk, Egg, Nuts (Almond), Sulphites		
PAST - LARGE	FRAISIER 25-30P	Gluten (Wheat), Milk, Egg, Nuts (Almond), Soya, Sulphites		
PAST - LARGE	FRAISIER 50-60P	Gluten (Wheat), Milk, Egg, Nuts (Almond), Soya, Sulphites		
PAST - LARGE	FRAISIER 6-8P	Gluten (Wheat), Milk, Egg, Nuts (Almond), Sulphites		
PAST - LARGE	FRAISIER 8-10P	Gluten (Wheat), Milk, Egg, Nuts (Almond), Sulphites		
PAST - LARGE	LARGE NEUTRAL MACARON CAKE	Gluten (Wheat), Milk, Egg, Nuts (Almond), Soya, Sulphites		
PAST - LARGE	LARGE PINK MACARON CAKE	Gluten (Wheat), Milk, Egg, Nuts (Almond), Sulphites		
PAST - LARGE	MILLEFEUILLE 12P	Gluten (Wheat), Milk, Egg, Sulphites	Alcohol	May contain NUTS
PAST - LARGE	MILLEFEUILLE 6P	Gluten (Wheat), Milk, Egg, Sulphites	Alcohol	May contain NUTS
PAST - LARGE	MOELLEUX CHOCOLAT 26CM	Gluten (Wheat), Milk, Egg, Soya		May contain NUTS
PAST - LARGE	SMALL CHOCOLATE MACARON CAKE	Gluten (Wheat), Milk, Egg, Nuts (Almond), Soya, Sulphites		
PAST - LARGE	SMALL NEUTRAL MACARON CAKE	Gluten (Wheat), Milk, Egg, Nuts (Almond), Soya, Sulphites		
PAST - LARGE	SMALL PINK MACARON CAKE 6-8P	Gluten (Wheat), Milk, Egg, Nuts (Almond), Sulphites		
PAST - LARGE	STRAWBERRY CHEESECAKE	Gluten (Wheat), Milk, Egg, Fish		May contain NUTS
PAST - LARGE	TARTE FRUITS ROUGES 28CM	Gluten (Wheat), Milk, Egg		May contain NUTS
PAST - LARGE	TARTE MYRTILLE 28CM	Gluten (Wheat), Milk, Egg		May contain NUTS
PAST - LARGE	TARTE RHUBARBE 28CM	Gluten (Wheat), Milk, Egg		May contain NUTS
PAST - MACARON	MACARON CHOCOLATE	Gluten (Barley), Milk, Egg, Nuts (Almond), Soya		
PAST - MACARON	MACARON FRAMBOISE	Egg, Nuts (Almond)		
PAST - MACARON	MACARON PISTACHE	Gluten (Wheat), Milk, Egg, Nuts (Almond, Walnut, Pistachio)		
PAST - MACARON	MACARON VANILLE MADAGASCAR	Milk, Egg, Nuts (Almond)		
PAST - MACARON	MINI MAC CHOCOLATE IND	Milk, Egg, Nuts (Almond), Soya		
PAST - MACARON	MINI MAC RASPBERRY IND	Egg, Nuts (Almond)		
PAST - MACARON	MINI MAC VANILLA IND	Milk, Egg, Nuts (Almond)		
PAST - MACARON	MINI MACARON X12	Milk, Egg, Nuts (Almond, Pistachio), Soya		
VIEN - INDIVIDUAL	BRIOCHETTE SUGAR	Gluten (Wheat), Milk, Egg		
VIEN - INDIVIDUAL	CHAUSSON POMME	Gluten (Wheat), Milk		
VIEN - INDIVIDUAL	CROISSANT	Gluten (Wheat), Milk, Egg		
VIEN - INDIVIDUAL	CROISSANT AMANDES	Gluten (Wheat), Milk, Egg, Nuts (Almond)	Alcohol	
VIEN - INDIVIDUAL	ESCARGOT RAISIN	Gluten (Wheat), Milk, Egg		

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VIEN - INDIVIDUAL	GOURMANDISE	Gluten (Wheat), Milk, Egg, Soya		
VIEN - INDIVIDUAL	PAIN CHOCOLAT	Gluten (Wheat), Milk, Egg, Soya		
VIEN - INDIVIDUAL	PAIN CHOCOLAT AMANDES	Gluten (Wheat), Milk, Egg, Nuts (Almond), Soya	Alcohol	
VIEN - INDIVIDUAL	PALMIER 120G	Gluten (Wheat), Milk		
VIEN - INDIVIDUAL	TARTE AU SUCRE IND	Gluten (Wheat), Milk, Egg		
VIEN - INDIVIDUAL	TARTELETTE FINE POMMES	Gluten (Wheat), Milk		
VIEN - LARGE	BRIOCHE BOULANGERE 400G	Gluten (Wheat), Milk, Egg		
VIEN - MINI	CANELE	Gluten (Wheat), Milk, Egg	Alcohol	
VIEN - MINI	CHOUQUETTES X 1	Gluten (Wheat), Milk, Egg		
VIEN - MINI	CHOUQUETTES X 10	Gluten (Wheat), Milk, Egg		
VIEN - MINI	DARK CHOCOLATE HAZELNUT MUFFIN	Gluten (Wheat, Barley), Milk, Egg, Nuts (Almond, Hazelnut), Soya		
VIEN - MINI	MINI BEIGNET CHOCOLAT	Gluten (Wheat), Milk, Egg, Nuts (Hazelnut)		
VIEN - MINI	MINI BEIGNET CHOCOLAT X10	Gluten (Wheat), Milk, Egg, Nuts (Hazelnut)		
VIEN - MINI	MINI BEIGNET CHOCOLAT X5	Gluten (Wheat), Milk, Egg, Nuts (Hazelnut)		
VIEN - MINI	MINI BEIGNET CHOCOLATE X 2	Gluten (Wheat), Milk, Egg, Nuts (Hazelnut)		
VIEN - MINI	MINI BEIGNET FRAMBOISE X5	Gluten (Wheat), Milk, Egg		
VIEN - MINI	MINI CROISSANT	Gluten (Wheat), Milk, Egg		
VIEN - MINI	MINI ESCARGOT	Gluten (Wheat), Milk, Egg		
VIEN - MINI	MINI PAIN CHOCOLAT	Gluten (Wheat), Milk, Egg, Soya		
VIEN - MINI	WHITE CHOCOLATE CRANBERRY MUFFIN	Gluten (Wheat), Milk, Egg, Nuts (Almond), Soya		
⌞ SEASONAL - BREAD	BAGUETTE CHARLEMAGNE 250G	Gluten (Wheat)		May contain SESAME
⌞ SEASONAL - BREAD	BAGUETTE NORDIC 250G	Gluten (Wheat, Barley, Rye), Soya, Sesame		
⌞ SEASONAL - BREAD	BOULE CHARLEMAGNE 400G	Gluten (Wheat)		May contain SESAME
⌞ SEASONAL - BREAD	CHEESE CHARLEMAGNE BENOITON 50G	Gluten (Wheat), Milk		May contain SESAME
⌞ SEASONAL - BREAD	FOUGASSE BACON 100G	Gluten (Wheat)	Pork	May contain SESAME
⌞ SEASONAL - BREAD	FOUGASSE FROMAGE 115G	Gluten (Wheat), Milk		May contain SESAME
⌞ SEASONAL - BREAD	FOUGASSE OLIVE 100G	Gluten (Wheat)		May contain SESAME
⌞ SEASONAL - BREAD	FOUGASSE ROSEMARY AND SALT	Gluten (Wheat)		May contain SESAME
⌞ SEASONAL - BREAD	NORDIC BREAD 400G	Gluten (Wheat, Barley, Rye), Soya, Sesame		
⌞ SEASONAL - BREAD	OLIVE BENOITON	Gluten (Wheat)		May contain SESAME
⌞ SEASONAL - BREAD	PAPRIKA STRIPED BREAD 290G	Gluten (Wheat, Barley, Rye), Milk, Soya, Sulphites, Sesame		
⌞ SEASONAL - IND	NATA RASPBERRY	Gluten (Wheat), Milk, Egg		May contain NUTS

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└ SEASONAL - INDIVIDUAL	FRANGIPANE NATURE	Gluten (Wheat), Milk, Egg, Nuts (Almond)	Alcohol	
└ SEASONAL - INDIVIDUAL	TARTELETTE CARAMEL	Gluten (Wheat), Milk, Egg, Soya		May contain NUTS
└ SEASONAL - LARGE	CARAMEL AND CHOCOLATE CAKE	Gluten (Wheat), Milk, Egg, Soya		May contain NUTS
└ SEASONAL - LARGE	DECORATED DELICE RASPBERRY 24P	Gluten (Wheat), Milk, Egg, Fish		May contain NUTS
└ SEASONAL - LARGE	DECORATED DELICE RASPBERRY 6P	Gluten (Wheat), Milk, Egg, Fish		May contain NUTS
└ SEASONAL - LARGE	FRAISIER WITH PINK MARZIPAN	Gluten (Wheat), Milk, Egg, Nuts (Almond), Sulphites		
└ SEASONAL - LARGE	LEMON TARTLET CHEESE CAKE 6-8P	Gluten (Wheat), Milk, Egg, Fish		May contain NUTS
└ SEASONAL - LARGE	LEMON TARTLET CHEESECAKE 24P	Gluten (Wheat), Milk, Egg, Fish		May contain NUTS
└ SEASONAL - LARGE	MACARON FRAISIER 6-8P	Gluten (Wheat), Milk, Egg, Nuts (Almond, Pistachio), Soya, Sulphites		
└ SEASONAL - LARGE	PISTACHIO MAC CAKE	Gluten (Wheat), Milk, Egg, Nuts (Almond, Pistachio)		
└ SEASONAL - LARGE	PRALINE AND CHOCOLATE CAKE	Gluten (Wheat), Milk, Egg, Nuts (Hazelnut), Soya		
└ SEASONAL - LARGE	RASPBERRY AND PISTACHIO CAKE	Gluten (Wheat), Milk, Egg, Nuts (Almond, Pistachio), Sulphites		
└ SEASONAL - PLATTER	DS CORONATION CHICKEN PLATTER X24	Gluten (Wheat), Milk, Egg, Mustard		
└ SEASONAL - PLATTER	DS PASTEL DE NATA RASPBERRY X12	Gluten (Wheat), Milk, Egg		May contain NUTS
└ SEASONAL - PLATTER	DS VEGAN SW PLATTER	Gluten (Wheat, Oat, Rye), Soya, Mustard, Sesame		
└ SEASONAL - PLATTER	DS VEGETARIAN WRAP PLATTER X 28	Gluten (Wheat), Milk, Egg, Soya, Mustard		
└ SEASONAL - PLATTER	DS VEGGIE SADNWICH PLATTER	Gluten (Wheat, Oat, Rye), Milk, Soya, Mustard, Sesame		
└ SEASONAL - SAVOURY	CROQUE FLORENTINE (V)	Gluten (Wheat), Milk, Nuts (Walnut)		May contain SESAME
└ SEASONAL - SAVOURY	EGG & SPINACH POT	Egg		
└ SEASONAL - SAVOURY	IND QUICHE AUBERGINE CHEVRE	Gluten (Wheat), Milk, Egg		
└ SEASONAL - SAVOURY	SALAD ASIAN SALMON	Soya, Fish, Sulphites		
└ SEASONAL - SAVOURY	SALAD MEZZE (VE)	Gluten (Wheat, Barley), Soya, Sesame		
└ SEASONAL - SAVOURY	SALAD PASTRAMI	Milk, Sulphites		
└ SEASONAL - SAVOURY	SW ASIAN SALMON BUN	Gluten (Wheat), Milk, Egg, Soya, Fish, Sulphites		May contain SESAME
└ SEASONAL - SAVOURY	SW CAMEMBERT TOMATO CHUTNEY	Gluten (Wheat), Milk, Sesame		
└ SEASONAL - SAVOURY	SW CHAUD SAUCISSE	Gluten (Wheat), Milk, Soya, Mustard		May contain SESAME
└ SEASONAL - SAVOURY	SW CORONATION CHICKEN	Gluten (Wheat), Milk, Egg, Mustard		May contain SESAME
└ SEASONAL - SAVOURY	SW EGG NORDIC ROLL	Gluten (Wheat, Barley, Rye), Milk, Egg, Soya, Mustard, Sesame		
└ SEASONAL - SAVOURY	SW RUBEN	Gluten (Wheat, Oat, Rye), Milk, Egg, Mustard, Sulphites		May contain SESAME
└ SEASONAL - SAVOURY	SW VEGAN FALAFEL	Gluten (Wheat, Oat, Rye), Soya, Mustard, Sesame		
└ SEASONAL - VIEN	CRAMIQUE SMALL SUGAR	Gluten (Wheat), Milk, Egg		May contain SESAME
└ SEASONAL - VIEN	CROISSANT FRAMBOISE	Gluten (Wheat), Milk, Egg, Nuts (Almond)	Alcohol	

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SEASONAL - VIEN	CROISSANT PISTACHE	Gluten (Wheat), Milk, Egg, Nuts (Almond, Pistachio)	Alcohol	
SEASONAL - VIEN	IND SUGAR RASP TART	Gluten (Wheat), Milk, Egg		
SEASONAL - VIEN	SABLÉ CHOCOLAT LAIT NOISETTES	Gluten (Wheat), Milk, Egg, Nuts (Almond, Hazelnut), Soya		



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