



Foodnews

COMPILED BY LARA STEDMAN

Start the day in style with these chic continental breakfast treats

Fresh Baked
Over 80 tantalising recipes for fresh-baked breads and buns

All rise
Know your dough with Louise Pickford's *Fresh Baked* (£16.99, Hamlyn). See Express Bookshop, page 83). It features more than 80 fresh ideas for sweet and savoury treats including cakes, pastries, pizzas, biscuits and bread.

A better char by far
Like your tea loose-leaved and freshly-picked? Toast breakfast with Jacksons of Piccadilly's new Darjeeling tea, £4.99 from Selfridges (www.selfridges.com).

Spread the news
Turn toast, porridge, or hot milk into a sweet treat by adding a generous dollop of delicious Dulce de Leche – a rich toffee caramel sauce. Available at Waitrose, priced £1.59 for a 220g jar, or online at www.merchant-gourmet.com.

Good press
Caffeine fiends will be clamouring for this chic Freud coffee press, £49.50 from Colloco (04.538 382 615, www.colloco.co.uk).

Jam packed
These raspberry jam muffins from Kate's Cakes are baked in small batches for a fresher-than-fresh home-made flavour. And mouthwateringly moist they are too. Priced £1.40. See www.katescakes.com.

French connection
Fantastic French bakery Paul has now landed in the UK and with traditional pain au chocolat, brioche and 140 different types of bread on the menu. It's the perfect port of call for an authentic continental breakfast. Prices from £1 for a croissant. See www.paul.fr for stockists.

I should cocoa
Can't get through the morning without a chocolate fix? Twinings Chocolate Indulgence is the perfect partner for your croissant. Priced £2.99 from Sainsbury's, Asda, Waitrose and Tesco.

Tried and tasted

By Antony Worrall Thompson

<p>Croissants These were pretty much on a level pegging, but Morrisons' just had the edge. All of those tested were pre-packed supermarket purchases. 7/10</p>	<p>Sainsbury's Taste the Difference £1.59 for four Containing 32 per cent butter, these croissants are nicely presented and a good size, but they're too sweet and oily and are slightly gluey. 7/10</p>	<p>Marks & Spencer 99p for four A very cakey croissant with a well-seasoned, buttery taste and an unusual circular shape. These are fine but are a bit heavy for me. 7/10</p>	<p>Waitrose reduced fat croissants 99p for four With only 17 per cent butter, these croissants are nice and light but are a bit dry in texture, and they look very obviously factory-made to me. 7/10</p>
			<p>Asda Croissant 75p for two Quite smooth, buttery and light, with 29 per cent butter, these look very authentic but are a little on the greasy side. 8/10</p>
			<p>Morrisons The Best 99p for four Slightly sweet and light in texture, these are delicious and the least doughy of the lot. 9/10</p>